

Food Storage





Food Storage

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**Preparedness
is the ultimate
confidence
builder!**

-Vince Lombardi

”





Emergency Prep

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**Remember:
When disaster
strikes, the time
to prepare has
past.**

-Steven Cyros

”





72-Hour Kits

“
**Success is
where preparation
and opportunity
meet!**

-Bobby Unser

”





Grocery Budget

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**A budget is
about telling your
money where to
go instead of
wondering where
it went.**

-Dave Ramsey

”





Meal Planning

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**A goal without
a plan is just
a wish.**

-Antoine De Saint-Exupery

”





Inventory

“
**The best
preparation for
tomorrow is doing
your best today!**

-H. Jackson Brown, Jr.

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